




SEPTEMBER 2019 ACTIVITY CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>2:00 Ballet Classics-film/discussion w/Resident Herb Kummel-Mtg Rm</p>	<p>2</p>  <p>11:30 Plated Lobster Luncheon 2:30 Bridge-Act Rm 3:00 Mexican Train-Act Rm</p>	<p>3</p> <p>10:30 Executive Bd -LR2 10:30 Brain Fitness-Act Rm 2:00 Food Meeting-LR1 3:00 BINGO-Act Rm</p>	<p>4</p> <p>10:30 HH Chorus-Gar Rm 1:00 Sequence Game-Act Rm 2:30 Poker-LR2 4:00 Social Hour w/Janet-Gar Rm</p>	<p>5 <i>Happy Birthday Del</i></p> <p>10:15 Exercise Class -Mtg Rm 1:30 The ABC's Of Diabetes, presented by Lauri Smerald, RN,CDE-Mtg Rm 3:15 Cornhole Toss-outdoors (weather permitting)or LR1</p>	<p>6</p> <p>9 :00/1:00 Van Service 10:30 Bocce Ball-courtyard 1:00 Guitarist/Singer Roger Tatro performs-Mtg. rm 2:30 Movie-LR2 7:00 Movie-LR2</p>	<p>7</p> <p>2:00 Saturday Documentary-LR2 3:30 Sequence Game-Act Rm</p>
<p>8 <i>Grandparents Day</i></p> <p>2:00 Ballet Classics-film/discussion w/Resident Herb Kummel-Mtg Rm</p>	<p>9 <i>Assisted Living Week</i></p> <p>9:00/1:00 Van Service 10:15 Exercise Class- Mtg Rm 1:30 Golf-putting green 2:30 Bridge-Gar Rm 3:00 Mexican Train-Act Rm</p>	<p>10</p> <p>10:30 Resident Meeting-Mtg Rm-For All Residents 1:00 The Donkeys are Coming! (weather permitting)Courtesy of "Road to Independence"-courtyard outdoors 3:00 BINGO-Act Rm</p>	<p>11</p> <p>10:30 Book Discussion-Gar Rm 1:00 Sequence-Act Rm 2:30 Poker Playing - LR2 4:00 Social Hour with Carol on piano- Gar Rm</p>	<p>12 *10:15 Gentle Yoga Class with Swan-Mtg Rm 2:00 Talk on Namibia Africa including Namib desert, & Wildlife of Etosha National Park w/Chris Crowley-Mtg Rm 4:00 Pianist Richard Cumming (before dinner music)LR1</p>	<p>13 <i>Happy Birthday Scottie</i></p> <p>9 :00/1:00 Van Service 10:30 Bocce ball-courtyard 1:00 Roger & Ginny perform-Mtg Rm 1:30 Craft-Quilt project with Annette-Activity Room 2:30 Movie-LR2 7:00 Movie-LR2</p>	<p>14 1:30 History Committee-Mtg Rm 2:00 Saturday Documentary-LR2 3:30 Sequence Game-Act Rm</p>
<p>15</p> <p>2:00 Ballet Classics-film/discussion w/Resident Herb Kummel-Mtg Rm</p>	<p>16</p> <p>9:00/1:00 Van Service 10:15 Exercise Class- Mtg Rm 1:30 Golf-Putting Green 2:30 Bridge-Gar Rm 3:00 Mexican Train-Act Rm</p>	<p>17 10:30 Brain Fitness-Act Rm 1:30 BINGO-Act Rm 3:00 American Studies-Book-The Pioneers: The Heroic Story of the Settlers Who Brought the American Ideal West-Act Rm (Class is full)</p>	<p>18</p> <p>10:30 HH Chorus-Gar Rm 1:30 Mystery Ride-please sign up 1:00 Sequence-Act Rm 2:30 Poker Playing-LR2 4:00 Social Hour w/Charlie-Gar Rm</p>	<p>19</p> <p>10:15 Gentle Yoga Class with Swan-Mtg Rm 2:00 Episcopal Service-Chapel 3:00 Meditation w/Ilene-Gar Rm (Learn the benefits)</p>	<p>20</p> <p>9 :00 Van -W. Lebanon 10:30-Memoir Writing w/Barbara Noelle-Act Rm 1:00 Van-Hanover area 2:30 Movie-LR2 7:00 Movie-LR2</p>	<p>21</p> <p>2:00 Saturday Documentary-LR2 3:30 Sequence Game-Act Rm</p>
<p>22</p> <p>2:00 Ballet Classics-film/discussion w/Resident Herb Kummel-Mtg Rm</p>	<p>23 <i>Happy Birthday Vi</i></p> <p>9:00/1:00 Van Service 10:15 Exercise Class Mtg Rm 1:00 Golf-putting green 2:30 Bridge-Gar Rm 3:00 Mexican Train-Act Rm</p>	<p>24</p> <p>10:30 Brain fitness-Act Rm 1:30 BINGO-Act Rm 3:00 American Studies-Act Rm (Class is Full)</p>	<p>25</p> <p>10:30 Health Talk with Cindy Heath 1:00 Sequence-Act Rm 2:30 Poker Playing- LR2 4:00 Social Hour-Gar Rm</p>	<p>26</p> <p>10:15 Gentle Yoga Class (sitting and standing class)-Mtg Rm 2:00 Living in Japan: From Sushi to Sumo-Talk & slides with David Bashaw-Mtg Rm</p>	<p>27 <i>Happy Birthday Jeanette</i></p> <p>9 :00/1:00 Van Service 10:30- Memoir Writing w/Barbara Noelle-Act Rm 1:00 Scrabble-Act Rm 2:30 Movie-LR2 7:00 Movie-LR2</p>	<p>28 <i>Happy Birthday Ruth W</i></p> <p>2:00 Saturday Documentary-LR2 3:30 Sequence Game-Act Rm</p>
<p>29</p> <p>2:00 Ballet Classics-film/discussion w/Resident Herb Kummel-Mtg Rm</p>	<p>30</p> <p>10:15 Exercise Class- Mtg Rm 1:30 End of Life Discussion w/Cynthia of Bayada 2:30 Bridge-Gar Rm 3:00 Mexican Train-Act Rm</p>		<p><i>*Beauty Salon open Monday afternoons and Tuesdays 8:30-4:00 with Nadine</i></p>		<p><i><u>Please note we are starting Gentle Yoga Class on Sept 12 with Swan Drsti</u></i></p>	<p><i><u>*Please check the Activity Board daily and TV screen for any changes</u></i></p>