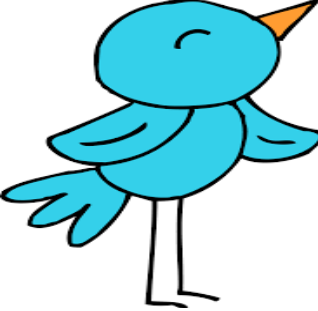



Woodlands April 2019 Events

<p>Sunday</p> 	<p>Monday</p>	<p>Tuesday</p>	<p>Wednesday</p>	<p>Thursday</p>	<p>Friday</p>	<p>Saturday</p>
<p>7</p>	<p>1 Aqua Fitness 9-9:45 Chair Fitness 10:30-11:15 AM 1st Fl Act. Rm Social Team Meeting 1:30 pm 4th Floor Conf.</p>	<p>2 Fitness Class 9:15-10 AM Gym Team Leaders Meeting 1:00pm 4th Floor Conf. Rm Games Day 3pm</p>	<p>3 Chair Yoga 9:30 – 10:15AM 1st Fl. Act. Rm. WRA Board Mtg 1:00pm 4th Floor Conf. Rm Monthly Social 4pm Great Rm</p>	<p>4 Aqua Fitness 9-9:45 AM Strength/Tone/Cond. 10:30 – 11:15 AM Gym Line Dancing 2-3 PM 1st Fl. Act. Rm.</p>	<p>5 Bal/Exer/Wgts 10am Fitness Rm Pub Night 4:30pm Café BYOB</p>	<p>6 Movie Night 7:30pm Theater</p>
<p>14</p>	<p>8 Aqua Fitness 9-9:45 Chair Fitness 10:30-11:15 AM 1st Fl Act. Rm Social Team Meeting 1:30 pm 4th Floor Conf.</p>	<p>9 Fitness Class 9:15-10 AM Gym Games Day 3pm</p>	<p>10 Chair Yoga 9:30 – 10:15AM 1st Fl. Act. Rm. Chat with Kitchen Staff 2pm Great Rm</p>	<p>11 Aqua Fitness 9-9:45 AM Strength/Tone/Cond. 10:30 – 11:15 AM Gym Line Dancing 2-3 PM 1st Fl. Act. Rm.</p>	<p>12 Bal/Exer/Wgts 10am Fitness Rm Tai ji Quan 11:45-12:30 1st Fl. Act Rm Pub Night 4:30pm Café BYOB Ladies Lunch Out</p>	<p>13 Movie Night 7:30pm Theater</p>
<p>21</p>  <p>28 Music in the Great Room 3:30pm, pianist Will Ogmundson</p>	<p>22 Aqua Fitness 9-9:45 Chair Fitness 10:30-11:15 AM 1st Fl Act. Rm Earth Day Celebration Hanover Conservancy Great Rm. 3-4:30 To Honor Bob Norman 29 Aqua Fitness 9-9:45 Chair Fitness 10:30-11:15 AM 1st Fl Act. Rm Speaker of the Month 3:30 Great Rm Jennifer Vogel: World Wildlife</p>	<p>23 Fitness Class 9:15-10 AM Gym Games Day 3pm 30 Fitness Class 9:15-10 AM Gym Games Day 3pm</p>	<p>24 Chair Yoga 9:30 – 10:15AM 1st Fl. Act. Rm. Wellness Event 2pm, 1st floor act. Rm Community Rhythm Circle Ping Pong: Every Monday 7:30PM 3rd Floor Act. Rm Pool: Every Tuesday 7:30PM, Billiards Rm Board Games: Every Wednesday 7:30PM 1st Floor Act. Rm</p>	<p>25 Aqua Fitness 9-9:45 AM Strength/Tone/Cond. 10:30 – 11:15 AM Gym Line Dancing 2-3 PM 1st Fl. Act. Rm. Day Trip 1:00pm-4:15pm Rutland County Waste District Transfer Station Scrabble Monday afternoons in the café.</p>	<p>26 Bal/Exer/Wgts 10am Fitness Rm Pub Night 4:30pm Café BYOB Coffee every weekday Afternoon starting at 2:30 in the Great Room</p>	<p>27 Movie Night 7:30pm Theater Code: Black printing: Activities Red Printing: Exercise Blue Printing: Administration</p>