

Woodlands March 2019 Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>Scrabble weekly, usually Monday afternoons, in the café. Contact Cynthia Thompson #407 cynst@comcast.net, if you'd like to be notified when games will take place</p>	<p>Coffee every weekday Afternoon starting at 2:30 in the Great Room</p>	<p>Pool: Every Tuesday 7:30PM, Billiards Rm Ping Pong: Every Monday 7:30PM 3rd Floor Act. Rm Board Games: Every Wednesday 7:30PM 1st Floor Act. Rm</p>			<p>1 Bal/Exer/Wgts 10am Fitness Rm Tai ji Quan 12-1PM 1st Fl. Act Rm Pub Night 4:30pm Café BYOB</p>	<p>2 Movie Night 7:30pm Theater</p>	
3	<p>4 Aqua Fitness 9-9:45 Chair Fitness 10:30-11:15 AM 1st Fl Act. Rm</p>	<p>5 Fitness Class 9:15-10 AM Gym Tai Chi 10:30-11:15am 1st Floor Act. Rm Team Leaders Meeting 1:00pm 4th Floor Conf. Rm Games Day 3pm</p>	<p>6 Chair Yoga 9:30 - 10:15AM 1st Fl. Act. Rm. Tai ji Quan 10:30 - 11:30 AM 1st Fl. Act. Rm WRA Board Mtg 1:30pm 4th Floor Conf. Rm Monthly Social 4pm Great Rm</p>	<p>7 Aqua Fitness 9-9:45 AM Strength/Tone/Cond. 10:30 - 11:15 AM Gym Line Dancing 2-3 PM 1st Fl. Act. Rm.</p>	<p>8 Bal/Exer/Wgts 10am Fitness Rm Tai ji Quan 12-1PM 1st Fl. Act Rm Pub Night 4:30pm Café BYOB</p>	<p>9 Movie Night 7:30pm Theater</p>	
10	<p>11 Aqua Fitness 9-9:45 Chair Fitness 10:30-11:15 AM 1st Fl Act. Rm Social Team Meeting 1:30 pm 4th Floor Conf.</p>	<p>12 Fitness Class 9:15-10 AM Gym Tai Chi 10:30-11:15am 1st Floor Act. Rm Games Day 3pm</p>	<p>13 Chair Yoga 9:30 - 10:15AM 1st Fl. Act. Rm. Tai ji Quan 10:30 - 11:30 AM 1st Fl. Act. Rm Chat with Kitchen Staff 2pm Great Rm</p>	<p>14 Aqua Fitness 9-9:45AM Strength/Tone/Cond. 10:30 - 11:15 AM Gym Line Dancing 2-3 PM 1st Fl. Act. Rm.</p>	<p>15 Bal/Exer/Wgts 10am Fitness Rm Tai ji Quan 12-1PM 1st Fl. Act Rm Ladies Lunch Out Pub Night 4:30pm Café BYOB</p>	<p>16 Movie Night 7:30pm Theater Classical Music 3:30, Great Rm. String Trio</p>	
17		<p>18 Aqua Fitness 9-9:45 Chair Fitness 10:30-11:15 AM 1st Fl Act. Rm</p>	<p>19 Fitness Class 9:15-10 AM Gym Tai Chi 10:30-11:15am 1st Floor Act. Rm Games Day 3pm</p>	<p>20 Chair Yoga 9:30 - 10:15AM 1st Fl. Act. Rm. Tai ji Quan 10:30 - 11:30 AM 1st Fl. Act. Rm Chat with Cindy 3:30pm Great Rm</p>	<p>21 Aqua Fitness 9-9:4 AM Strength/Tone/Cond. 10:30 - 11:15 AM Gym Line Dancing 2-3 PM 1st Fl. Act. Rm.</p>	<p>22 Bal/Exer/Wgts 10am Fitness Rm Pub Night 4:30pm Café BYOB</p>	<p>23 Movie Night 7:30pm Theater</p>
24	<p>25 Aqua Fitness 9-9:45 Chair Fitness 10:30-11:15 AM 1st Fl Act. Rm Speaker of the Month Maynard Goldman, Wine Fraud, 3:30, Great Rm</p>	<p>26 Fitness Class 9:15-10 AM Gym Tai Chi 10:30-11:15am 1st Floor Act. Rm Games Day 3pm</p>	<p>27 Chair Yoga 9:30 - 10:15AM 1st Fl. Act. Rm. Wellness Event Lebanon Fire Dept. 1:30pm Great Rm</p>	<p>28 Aqua Fitness 9-9:4 AM Strength/Tone/Cond. 10:30 - 11:15 AM Gym Line Dancing 2-3 PM 1st Fl. Act. Rm Van Trip to Hood Museum 1:15-3:30pm</p>	<p>29 Bala/Exer/Wgts 10am Fitness Rm Piano Tuning 9-11am, Great Rm Pub Night 4:30pm Café BYOB</p>	<p>30 Movie Night 7:30pm Theater Music in Great Room 3:30pm, Hansen's & Ivess' voice pupils</p>	
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