


January 2019 ACTIVITY CALENDAR

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|--|---|--|---|--|
| <p><u><i>*Please check the Activity Board daily for any changes</i></u></p> |  | <p>1</p> <p style="text-align: center;"><i>New Year's Day</i> <i>Welcome 2019!</i></p> <p style="text-align: center;">Happy New Year Brunch 11:00-1:00</p> | <p>2</p> <p>10:30 HH Chorus-Gar Rm 1:00 Sequence-Act Rm 2:30 Poker Playing- LR2 4:00 Social Hour w/Janet on Piano-Gar Rm</p> | <p>3 <i>Happy Birthday Martha B</i></p> <p>10:15 Fit in Time-Mtg Rm 2:00 A Matter of Balance-intro talk with Sharon Feeney about the upcoming 8 week course 3:00 Singer/Guitarist Carl Brogan entertains-Gar Rm</p> | <p>4 9 :00/1:00 Van Service</p> <p>10:30 Subjects of Interest-Mtg rm 1:00 A Matter of Balance Class-Mtg Rm 2:30 Movie-LR2 7:00 Movie-LR2</p> | <p>5 <i>Happy Birthday Phyllis G</i></p> <p>2:00 Saturday Documentary-LR2 3:30 Sequence Game-Act Rm</p> |
| <p>6</p> <p>2:00 Philosophy from Scratch-LR2 (discuss questions that are philosophical in nature)</p> | <p>7</p> <p>9:00/1:00 Van Service 10:15 Fit in Time- Mtg Rm 11:05 Sit &Be Fit-Mtg Rm 1:00 Mexican Train-Act Rm 2:30 Bridge-Gar Rm 7:00 Bingo-Act Rm</p> | <p>8 <i>Happy Birthday Rena S</i></p> <p>10:30 Brain Fitness-Act Rm 10:30 Executive Bd-LR2 2:00 Food Meeting-LR1 1:30 Gentle Yoga-Mtg Rm 3:00 American Studies-Act Rm</p> | <p>9</p> <p>10:30 Book Discussion-Gar Rm 1:00 Sequence-Act Rm 2:30 Poker Playing - LR2 4:00 Social Hour w/Carol On piano-Gar Rm</p> | <p>10</p> <p>10:15 Fit in Time-Mtg Rm 2:00 Grand Teton and Yellowstone National Parks- talk/slides with Chris Crowley-Mtg Rm</p> | <p>11 9 :00/1:00 Van service</p> <p>10:30 Subjects of Interest-Mtg Rm 1:00 A Matter of Balance Class-Mtg Rm 2:30 Movie-LR2 7:00 Movie-LR2</p> | <p>12</p> <p>1:00 History Committee-HH opening film 1/31/97-Mtg Rm 2:00 Saturday Documentary-LR2 3:30 Sequence-Act Rm</p> |
| <p>13</p> <p>6:45 Hymn Sing with Molly-Living Room 1</p> | <p>14</p> <p>9:00/1:00 Van Service 10:15 Fit in Time- Mtg Rm 11:15 Learning the Exercise Equipment with Sue-Exer. Rm 1:00 Bereavement Group LR2 2:30 Bridge-Gar Rm 7:00 Bingo-Act Rm</p> | <p>15</p> <p>10:30 Residents Meeting &Chat w/Amy-All residents encouraged to come-Mtg Rm 1:30 Gentle Yoga-Mtg Rm 3:00 American Studies-Act Rm</p> | <p>16 <i>Happy Birthday Edith C</i></p> <p>10:30 HH Chorus-Gar Rm 1:00 Sequence-Act rm 2:30 Poker Playing-LR2 4:00 Social Hour w/Charlie- Gar Rm</p> | <p>17</p> <p>10:15 Fit in Time-Mtg Rm 2:00 Episcopal Service-Chapel 3:30 Cuba & The Quakers-travelogue presented by Jenny Keller (daughter of Martha Keller)Mtg Rm</p> | <p>18 <i>Happy Birthday Nancy C & Lou H</i></p> <p>9 :00/10:00 Van service 10:30 Subjects of Interest-Mtg Rm 1:00 A Matter of Balance Class-Mtg Rm 2:30 Movie-LR2 7:00 Movie-LR2</p> | <p>19</p> <p>2:00 Saturday Documentary-LR2 3:30 Sequence Game-Act Rm</p> |
| <p>20</p> <p>2:00 Philosophy from Scratch-LR2 (discuss questions that are philosophical in nature)</p> | <p>21 9:00/1:00 Van Service 10:15 Fit in Time- Mtg Rm 11:15 Learning the exercise equipment with Sue 1:30 Bible Study-Gardens of Faith-LR2 2:30 Bridge-Gar Rm 7:00 Bingo-Act Rm</p> | <p>22 <i>Happy Birthday Mary Mallary</i></p> <p>10:30 Brain fitness-Act Rm 1:30 Gentle Yoga with Mary-Mtg Rm 3:00 American Studies-Act Rm</p> | <p>23</p> <p>10:30 Mexican Train-Act Rm 1:00 Sequence-Act Rm 2:30 Poker Playing- LR2 4:00 Social Hour- Gar Rm</p> | <p>24 <i>Happy Birthday Larry S</i></p> <p>10:15 Fit in Time-Mtg Rm 1:30 Music/Opera Appreciation with Jeff Lehmann-Gar Rm 3:00 Team Trivia-Act Rm</p> | <p>25 9 :00 Van -W. Lebanon</p> <p>10:30 Subjects of Interest-Mtg Rm 1:00 Van-Hanover area 1:00 A Matter of Balance Class-Mtg Rm 2:30 Movie-LR2 7:00 Movie-LR2</p> | <p>26</p> <p>2:00 Saturday Documentary-LR2 3:30 Sequence Game-Act Rm</p> |
| <p>27</p> <p>"To read a poem in January is as lovely as to go for a walk in June." -Jean-Paul Sartre Enjoy the Day</p> | <p>28 9:00/1:00 Van Service 10:15 Fit in Time- Mtg Rm 11:15 Learning the exercise equipment with Sue 1:30 End of Life Discussions with Cynthia- LR2 2:30 Bridge-Gar Rm 7:00 Bingo-Act Rm</p> | <p>29</p> <p>10:30 Brain fitness-Act Rm 1:30 Gentle Yoga with Mary Greenwood-Mtg Rm 3:00 American Studies -Act Rm</p> | <p>30</p> <p>10:30 Promote Brain Power with Guided Meditation w/Cindy Heath-Gar Rm 1:00 Sequence-Act Rm 2:30 Poker Playing- LR2 4:00 Social Hour- Gar Rm</p> | <p>31 <i>Happy Birthday Marjorie V</i></p> <p>10:15 Fit in Time-Mtg Rm 2:00 Pianist David Thron Performs -LR1 3:30 Mexican Train-Act Rm</p> | <p><i>*Beauty Salon open Monday afternoons and Tuesday from 8:30-4:00 with Nadine</i></p> | <p><i>Cindy Heath Therapeutic Massage at Harvest Hill Call 675-9123 or email at cheath58@gmail.com</i></p> |