

Woodlands December 2018 Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Pool: Every Tuesday 7:30PM, Billiards Rm Ping Pong: Every Monday 7:30PM 3rd Floor Act. Rm Board Games: Every Wednesday 7:30PM 1st Floor Act. Rm</p>			<p>Scrabble weekly, usually Friday afternoons, in the café. Contact Cynthia Thompson, #407, cynst@comcast.net, if you'd like to be notified when games will take place</p>			<p>1 Movie Night 7:30pm Theater</p>
<p>Happy Hanukkah</p>  <p>2</p>	<p>3 Aqua Fitness 9-9:45 Chair Fitness 10:30-11:15 AM 1st Fl Act. Rm Team Leaders Meeting 1pm 4th Floor Conf. Rm</p>	<p>4 Fitness Class 9:15-10 AM Gym Tai Chi 10:30-11:15 AM Great Rm Games Day 3pm</p>	<p>5 Chair Yoga 9:30 - 10:15AM 1st Fl. Act. Rm. Tai ji Quan 10:30 - 11:30 AM 1st Fl. Act. Rm. WRA Board Mtg 1:30pm 4th Floor Cnf. Rm Monthly Social 4pm Great Rm</p>	<p>6 Aqua Fitness 9-9:45 AM Pool Fitness Class 10:15 - 11 AM Gym Line Dancing 2-3 PM 1st Fl. Act. Rm.</p>	<p>7 Tai ji Quan 12-1PM 1st Fl. Act Rm. Weight lifting 10am Fitness Rm Pub Night 4:30pm Café BYOB Arts & Crafts-Bookmarks Art Room, 1st floor-1-3pm</p>	<p>8 Movie Night 7:30pm Theater Wrensong 3:30pm Great Rm</p>
<p>9</p>	<p>10 Aqua Fitness 9-9:45 Chair Fitness 10:30-11:15 AM 1st Fl Act. Rm Social Team Meeting 1:30 pm 4th Floor Conf</p>	<p>11 Fitness Class 9:15-10 AM Gym Tai Chi 10:30-11:15 AM Great Rm Games Day 3pm</p>	<p>12 Chair Yoga 9:30 - 10:15AM 1st Fl. Act. Rm. Tai ji Quan 10:30 - 11:30 AM 1st Fl. Act. Rm Chat with Kitchen 2:00, Great Room</p>	<p>13 Aqua Fitness 9-9:45 AM Pool Fitness Class 10:15 - 11 AM Gym Line Dancing 2-3 PM 1st Fl. Act. Rm. Day Trip:Nance Driscoll's Art Exhibit 1:15-3:30pm</p>	<p>14 Tai ji Quan 12-1PM 1st Fl. Act Rm. Weight lifting 10am Fitness Rm Piano Tune 9-11,Great Rm Pub Night 4:30pm Café BYOB</p>	<p>15 Movie Night 7:30pm Theater Will Ogmundson 3:30pm Great Rm</p>
<p>16</p>	<p>17 Aqua Fitness 9-9:45 Chair Fitness 10:30-11:15 AM 1st Fl Act. Rm</p>	<p>18 Fitness Class 9:15-10 AM Gym Tai Chi 10:30-11:15 AM Great Rm Games Day 3pm North Country Chordsmen Dining Room, 6:15pm</p>	<p>19 Chair Yoga 9:30 - 10:15AM 1st Fl. Act. Rm. Tai ji Quan 10:30 - 11:30 AM 1st Fl. Act. Rm. Chat with Joe 3:30pm Great Rm</p>	<p>20 Aqua Fitness 9-9:45 AM Pool Fitness Class 10:15 - 11 AM Gym Line Dancing 2-3 PM 1st Fl. Act. Rm.</p>	<p>21 Tai ji Quan 12-1PM 1st Fl. Act Rm. Weight lifting 10am Fitness Rm Pub Night 4:30pm Café BYOB</p>	<p>22 Movie Night 7:30pm Theater</p>
<p>23</p>	<p>24 Aqua Fitness 9-9:45 Chair Fitness 10:30-11:15 AM 1st Fl Act. Rm</p>	<p>25 Merry Christmas</p> 	<p>26 Chair Yoga 9:30 - 10:15AM 1st Fl. Act. Rm. Tai ji Quan 10:30 - 11:30 AM 1st Fl. Act. Rm. No Wellness event due to holiday.</p>	<p>27 Aqua Fitness 9-9:45 AM Pool Fitness Class 10:15 - 11 AM Gym Line Dancing 2-3 PM 1st Fl. Act. Rm.</p>	<p>28 Tai ji Quan 12-1PM 1st Fl. Act Rm. Weight lifting 10am Fitness Rm Pub Night 4:30pm Café BYOB</p>	<p>29 Movie Night 7:30pm Theater</p>
<p>30</p>	<p>31 Aqua Fitness 9-9:45 Chair Fitness 10:30-11:15 AM 1st Fl Act. Rm</p>					<p>Coffee every weekday Afternoon starting at 2:30 in the Great Room</p>